INTERMEDIATE MODULE 3

EQUIPMENT AND CLOTHING LIST

We have limited the amount of information and recommendations in this document to keep it as a useful checklist to use while packing for your course.

For detailed descriptions and recommendations, please visit our website (Resources > Kit List)

WHAT WE PROVIDE

Items that can be loaned on all courses

- Hootchie
- Fire striker/Ferro rod
- Stainless Steel water bottle 40oz (1.1L) and nesting cup
- Ground sheet/tarp
- Mosquito net

Students will be charged for any damaged or missing equipment.

WHAT YOU NEED TO BRING

You need to be able to fit and carry the below items in or on your main pack. **What you bring you have to carry, so pack light!**

All items are required unless listed under *Optional Items*.
Items marked in green can be loaned to you for the duration of the course if you do not have your own.

While there is no expectation for you to buy new equipment for the course, it is preferable where possible to have items that are natural colours.

For more information on some of the items visit our blog on 12 Essential Items people should have with them when they venture outdoors.

For detailed descriptions and recommendations, please visit our website (Resources > Kit List)

CHECKLIST	
PACKED	**ITEM**
	Small day pack
	Fixed blade knife
	Fire striker/Ferro rod *(can be loaned)*
	Stainless Steel water bottle 40oz (1.1L) and nesting cup *(can be loaned)*
	Additional 1L water bottle
	Paracord
	Secateurs
	Folding saw
	Poncho, military style with grommets and press studs
	Head torch and spare batteries
	Small first aid kit including personal medications (eg: paracetamol/ibuprofen)
	Dry bag (5 – 15 litres)
	Loud whistle (pealess)
	Notebook and pens/pencils
	Outdoor leather work gloves
	45L or larger Rucksack/Pack to fit everything in
	Tarp/Hootchie *(can be loaned)*
	Ground sheet/tarp *(can be loaned)*
	Sleeping mat *(inflatable or closed cell)*
	Sleeping bag
	Mosquito head net
	Mug, plate/bowl, cutlery
	Toilet/Latrine Kit (toilet paper, hand sanitiser, matches, doggy/ziploc bag)
	Small toiletries kit including insect repellant and sunscreen
	Spare batteries and power banks (for your personal use)
	Belt (please ensure your pants have belt loops)
	Clothing appropriate to the season *(including wet weather gear, enclosed footwear and hat – see website for details)*
OPTIONAL ITEMS	
	Bivvy bag *(Highly recommended, as you will be sleeping in natural shelters for the course)*
	Mosquito Net *(Highly recommended, as you will be sleeping in natural shelters for the course)*
	Bandana
	Multitool
	Sleeping bag liner
	An extra 1-2 Litre water bottle/bladder (essential in hot weather)