



BUSHCRAFT SURVIVAL AUSTRALIA

Clothing and Equipment List (1 Day Survival Essentials)

The following items are the REQUIRED Items to be used for the completion of the BSA 1 Day Survival Essentials Course. Ideally, each student SHOULD have their own equipment to complete the required deliverable tasks as well as for future use, however we recognise that some of the items might be difficult to obtain, so taking this into account we will have some of the harder to obtain items available for you to borrow and return at the end of the course. Items in GREEN we will supply if you don't have them. All other items you will need to obtain yourself.

Equipment and Clothing for this course can also be purchased at a reduced rate from:

Australian Survival Supplies: <https://www.survivalsuppliesaustralia.com.au/>

Gear Supply: <https://www.gearsupply.com.au/home.aspx>

Discount product code **BUSHCRAFT20**

Equipment

Please separate the following 12 essential items into an easily manageable “small” daypack or haversack (shoulder bag) as these are the primary items you will need for the course.

1) Cutting Tools

- **Knife:** We can either lend you a Morakniv of Sweden, carbon steel heavy duty “Companion” Knife which you can return at the end of the course or alternatively, if you would like to bring your own knife, we suggest you bring a plain (without serrations) full tang 5” (11cm) carbon steel blade with a 90 degree edge on the spine. Mora of Sweden (Morakniv) make a range of affordable good quality bushcraft knives.
- **Folding Saw (optional):** Bacho Laplander or Silky Pocket Boy are very good

2) Combustion devices

- **Ferrocerium rod:** “Light my fire” or “Morakniv” brands both make decent reliable models. There are many other brands out there that make sparking tools in various sizes. Get yourself the larger army model.
- **Fresnel type small magnifying lens or equivalent**

3) Covering/emergency shelter

- **Re-useable space blanket:** “Grabba Outdoors” and the Pathfinder School both make good models but they can be difficult to find in Australia. A good variety of equivalents are made by SOL and Aussie Disposals. Get yourself the thicker more durable ones.
- **2 x 250 litre (55 gallon) heavy duty garbage bags/wheely bin liners:** Get the strongest and thickest ones you can find

4) Container

- **Stainless Steel 1 litre Water Bottle with nesting cup:** "Kleen Kanteen" make good stainless steel 40oz water bottles (make sure you get the single walled type). An MSR SS Glacier Mug fits nicely onto the bottom of a water bottle (if you can find one). A good affordable alternative is an army cups canteen combination (plastic water bottle and metal cup). Failing that you can make yourself a metal cooking container out of an empty fruit/peaches tin; remove one end and attach a piece of wire as a handle. Your plastic water bottle should fit snugly inside it.

5) Cordage

- 20ft of 550 paracord or Roll of #36 bankline (3 ply): Make sure you get the genuine paracord with 5-7 inner strands. "Rothco" makes good paracord. If it doesn't have five to seven inner strands inside the outer sheath then it is not paracord!

6) Cloth & Repair

- 2 X 3ft 100% cotton bandannas or Shemaghs: One olive green or brown and one blaze orange. Alternatively you can purchase a 1m square piece of 100% cotton from a material or haberdashery shop and cut it to size. (wash it first to loosen the fibres)
- **No 14 sail needle:** purchased from boating or marine stores.

7) Cargo/Cloth tape

- Gorilla tape/cloth tape: The smaller rolls are ideal or you can transfer tape from a larger roll to a smaller spindle to save space.

8) Candles device/lighting (not actually needed for this course but should be part of your kit)

- Head Torch: There are many brands on the market, get yourself one with a strobe function (red light optional). LEDLENSER and Petzl make some very good head torches.

9) Small First Aid Kit

- Personal medications, bandaids, iodine/ betadine, headache tablets, swaps, dressings, antiseptic ointment, small vial of Potassium Permanganate etc.

10) Dry bag (optional)

- 5-10 Litre Dry bag: "Overboard", "Sea to Summit" and "Baja" make an assortment of good dry bags.

11) Multitool (optional)

- Leatherman and Gerber are good reliable brands. Try to choose one with a saw, a good locking blade and an awl with an eye in it such as the Leatherman "Supertool".

12) Small day pack

- Small day pack/bag to carry the above items in.

Additionally you will need:

- Notebook pens and pencils ("All Weather" notepad if you can find one)
- Toiletries: Small wash kit including; toothbrush, toothpaste, soap, small towel etc
- Bring any and all medications for personal use including mozzie spray, sunscreen as well as first aid items that are appropriate for the outdoor environment. See #9
- Outdoor work gloves (leather or pigskin)

Clothing

Choose clothing appropriate to the season and environment (select natural earth colours where possible). All students at the minimum should have a long sleeve shirt, long suitable trousers (not jeans), belt, hat and a sturdy pair of bush/hiking boots (not trainers). Fjallraven, Icebreaker and 511, make some excellent quality outdoor clothing suitable for bushcraft however it is a little pricy.

Under layer/base layer

During the summer months, a t-shirt maybe all that is needed, however during the cooler months a woollen thermal layer (top and bottoms) maybe required. Eg. "Icebreaker" base layers and "Fjallraven" Keb wool t- shirt are quality base layers.

Mid layers

This could be a long sleeve shirt eg. 511 tactical shirt, Fjallraven "Singi" Trekking shirt, or King Gee work shirt. A warmer intermediate layer such as a fleece pullover, woollen army jumper, "Swandri" woollen bush shirt or Fjallraven Grannit Wool shirt for cooler weather.

Outer layer/ wet weather gear

Ideally, this should be waterproof, windproof and breathable. "Goretex" and lightweight rain jackets (top and bottoms) are good options.

Trousers

Long, quick drying, lightweight yet tough polyester/cotton or rip stop nylon trousers such as military issue combat pants are ideal for the bush. "Fjallraven" Vidda Pro trousers are excellent for bushcraft.

Footwear

Sturdy robust outdoor footwear with ankle support such as trail boots or army type boots are good options. 2-3 pairs of decent woollen socks are also a good idea. In hot dry weather, a lightweight pair of desert boots maybe all that is required. Waterproof socks such as "SealSkinz" are a good addition in wet weather. A pair of thongs or runners for the camp shower is also a good idea.

Head covering

Protection from the hot Australian sun is paramount so a decent hat such as an "Akubra" or army style bush hat is essential. In cold weather, a woollen beanie is important to keep you from loosing radiated heat from your head.

Belt

Not only to hold your pants up but to attach your knife and other tools to. A leather belt will also allow you to "strop" your knife after sharpening it.